

Retreat Theme:

"Rest"

Guest Speaker:
Wes Dobson

Sessions will be a time of sharing, spending time in the Word, praying & singing.



All ages welcome

If you are new to our community, we'd love to get to know you better and for you to get to know us more! This would be a great opportunity :)

If you have been a part of our church for years, but have never joined us at a Summer Retreat—please come out, even if it is just for an afternoon or evening!

We love our church family and we want as many people as possible to take part in this fun and uplifting and relationship building weekend at the lake.

Weekend Menu

Each family is to bring **highlighted items** for the meals (enough for your family & a bit extra, partner w/ another family to lessen the workload!)
Bring items only for the meals you are attending!

FRIDAY

NIGHT SNACK : ie. Fruit/cookies/chips/popcorn

SATURDAY

BREAKFAST: Your choice

LUNCH: Mac'N Cheese

Cold cuts (processed packaged meat only)

Cut raw veggies

Fruit/cookies/chips

Buns

SUPPER: Ham, potato spread/butter, mustard sauce

Baked potato (bring raw potatoes)

salad (your choice)

dessert (your choice)

NIGHT SNACK : ie. Fruit/cookies/chips/popcorn

SUNDAY

BREAKFAST: pancakes

LUNCH: ice cream cones, condiments

Smokies/hot dogs & buns

potato chips

Cut raw veggies

Food Checklist: to bring for full weekend

snacks items x 2 snack times & 1 meal
cold cuts x 1 meal
raw veggies x 2 meals
dinner buns x 1 meal
potatoes-raw (enough for your family) x 1 meal
salad x 1 meal
dessert x 1 meal
smokies/hotdogs & buns x 1 meal
breakfast items x 1 meal



**June 21-23
2024**

Summer Retreat:

"Rest"



Weekend Schedule

Friday

- 7-8 pm Arrive & Check in
- 8 pm Chapel Session
- 9 pm Snack time, visit, games & campfire

Saturday

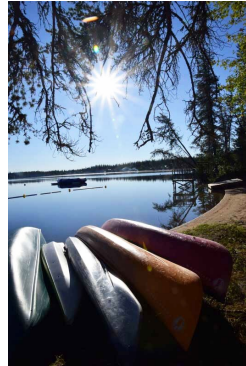
- 10 am Chapel Session
- 12 pm Lunch
- 2 pm Free Time
- 5:30 pm Supper
- 7 pm Chapel Session
- 9 pm Snack time, visit, games & campfire

Sunday

- 11 am Worship & Baptism
- 12:15 pm Lunch
- 1 pm Clean Up

- *Please register at the dining hall upon arrival*
- *There is no registration fee but we ask that you volunteer to help with food prep & dining hall cleanup & final cleanup Sunday after lunch. A signup sheet will be in the dining hall*

The beauty and enjoyment of nature...

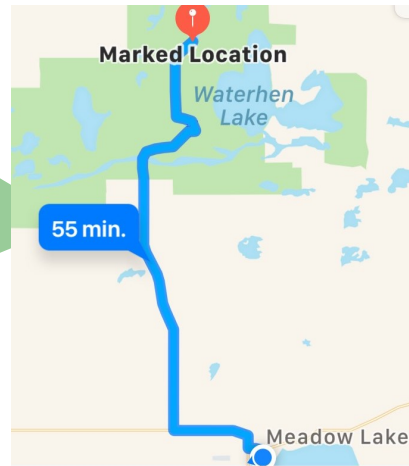


Unique times of Fellowship ...

Times of spiritual refreshing and growth....

Where? Bethel Gospel Camp

(located on Jeanette Lake, Meadow Lake Provincial Park)



REGISTRATION FORM

REGISTRATION DEADLINE IS TUES, JUN 16TH

Name:

of people in our group/family: ____

Phone : _____

E-Mail : _____

Accommodations:

Accommodation Needed ____ Yes ____ No

We are bringing a ____ trailer ____ tent

Register on our website
www.efreemeadowlake.ca. or complete this
 registration form & drop it off at the office
 If you have any questions regarding the
 Summer Retreat, please contact
 Darlene 306-819-0025

What to Bring

- ◆ Personal items and own bedding if booking a dorm room
- ◆ Bible
- ◆ Food items as indicated in the "Weekend Menu" section"
- ◆ Outdoor games & equipment, ie. Bocce ball, Frisbees, ball gloves, soccer ball, fishing equipment...
- ◆ Lawn chairs
- ◆ Table games/board games